

MONTHLY COMMITTEE MEETINGS

AREA SERVICE COMMITTEE

1st Sunday of the Month - 11:00 am
Marine Center Classroom
125 Harbor Way
Santa Barbara

LITERATURE SUB-COMMITTEE

1st Sunday of the Month - 10:00 am
Marine Center Classroom
125 Harbor Way
Santa Barbara

PUBLIC RELATIONS SUB-COMMITTEE

Third Thursday of Every Other Month
6:30 PM

[even months: 2=Feb, 4=April, 6=June etc.]

Marine Center Classroom (upstairs)
125 Harbor Way
Santa Barbara

ACTIVITIES SUB-COMMITTEE

Last Wednesday of the Month 6:00 -7:00 pm
Coffee Bean and Tea Leaf
3052 De La Vina, Santa Barbara

Additional meeting are being held mid-
month, Contact Wes B for details



Visit our website:

www.na-santabarbara.org

- Santa Barbara Meeting Schedule
- Information for the Newcomer
- Area Activities inc. printable fliers
- H & I Panels
- Public Relations Materials
- Links to Region (ccrna.net) & World (na.org)
- Convention Information
- Links to Literature online in English & Spanish

Southern California Helplines

Southern California Regions (800) 863-2962

San Luis Obispo (805) 549-7730 (800) 549-7730	East Los Angeles (532) 721-5504
Simi Valley, Moorpark (805) 652-2648	San Fernando Valley Area (818) 997-3822
Ventura, Oxnard (805) 641-0451 (888) 817-7425	West End Area (818) 787-9706
Bakersfield (661) 328-7478 (877) 629-6759	Northern Counties (800) 863-2962
Palmdale (661) 266-2200 (877) 629-6759	San Gabriel Valley (626) 584-6910
Hollywood (323) 850-1624	Orange County Area (714) 590-2388
East Los Angeles (332) 721-5504	San Juan Capistrano (949) 661-6183
Greater Los Angeles (332) 933-5395	San Diego (619) 584-1007 (800) 497-00NA
West LA/Santa Monica (310) 390-0279	Vista (619)584-1010
Hermosa Beach (310) 372-9666	Hemet/South West Area (951) 652-5326
Barstow (760 255-2045	Ontario (909) 622-4274
Palm Desert (760) 346-5800	Redlands/Yucaipa (909) 795-0464
Victorville (760) 243-9248	Las Vegas (928) 768-6467
Ridgecrest (760) 446-4445	Laughlin (888) 495-3222



For updates to the directory or website please email:

info@na-santabarbara.org

Listings for new meetings must be approved by the Santa Barbara Area Service Committee at its regular monthly meeting

PICK UP THE PHONE

Name Phone Number



Spring 2018

05/05/2018



Narcotics

Anonymous

SANTA BARBARA AREA

S.B.A. NARCOTICS ANONYMOUS

P.O. BOX 22902

SANTA BARBARA, CA 93102



World Service Office

P.O. Box 9999

Van Nuys, CA 91409

19737 Nordhoff Place

Chatsworth, CA 91311

Phone: (818) 773-9999

Fax: (818) 700-0700



24-HOUR HELPLINE

(805) 569-1288



www.na-santabarbara.org

Support Your Meetings!

SUNDAY

- 10:00-11:15 am**
C|P|T|NS
NA IN THE AM STONERS
1111 Garden Street,
Santa Barbara
- 12:30-2:00 pm**
C|NS|P|WC
LA RECUPERACION ES POSIBLE
1111 Garden Street,
Santa Barbara
- 7:00-8:30 pm**
O|P|T|NS|SP
SUNDAY NIGHT WE DO RECOVER
Marine Center Classroom,
125 Harbor Way,
Santa Barbara

MONDAY

- 6:45-7:45 am**
O|P|NS|WC
Format: Leader's Choice
THE WHEELS FELL OFF
235 E. Cota St. at Garden,
Upstairs
Santa Barbara
- 12:00 noon-1:00 pm**
O|P|NS|WC
DAYTIME DOWNTOWN
127 E. Carrillo St.
(County DRC)
Santa Barbara
- 8:00-9:00 pm**
O|P|NS
NA IN THE HOUSE
New House III, 2434 Bath St.
Santa Barbara

TUESDAY

- 6:45-7:45 am**
O|P|NS|WC
Format: Leader's Choice
THE WHEELS FELL OFF
235 E. Cota St. at Garden,
Upstairs
Santa Barbara
- 12:00 noon-1:00 pm**
O|P|NS|WC
UNLOADED
New House II
227 W. Haley
Street, Santa Barbara
- 6:30-7:30 PM**
O|B|NS|L|WC
MEAT & POTATOES
235 E. Cota St. at Garden,
Winchester Room (Downstairs)
Santa Barbara
- 7:00-8:00 pm**
O|W|P
JUST FOR TONIGHT
Casa Serena, 1515 Bath St.
Santa Barbara

7:30-8:30 pm
O|P|NS|WC

OUR MEETING
Church-Fellowship Hall,
909 La Cumbra Road at
Foothill Road,
Santa Barbara

8:00-9:00 PM
O|P|NS|WC

PARTICIPATION MEETING
Church - Couch Room, 909 La
Cumbre Rd. at Foothill
Santa Barbara

WEDNESDAY

- 6:45-7:45 am**
O|P|NS|WC
Format: Leader's Choice
THE WHEELS FELL OFF
235 E. Cota St. at Garden,
Upstairs
Santa Barbara
- 12:00 noon-1:00 pm**
O|P|NS|WC
I CAN'T BUT WE CAN
235 E. Cota St.
at Garden, Winchester Room
(Downstairs)
Santa Barbara
- 5:45-6:45 pm**
O|P
CARPE DIEM
1111 Vallecito, Carpenteria-
Church behind Rusty's Pizza
- 7:30-9:00 pm**
O|P|NS|WC|SP
1ST & 3RD Wed./mo. Are
Speaker Meetings
MOTHER GROUP
Church-Garden Room, 21 E.
Constance Ave. at State St.
Santa Barbara

THURSDAY

- 6:45-7:45 am**
O|P|NS|WC
Format: Leader's Choice
THE WHEELS FELL OFF
235 E. Cota St. at Garden,
Upstairs
Santa Barbara
- 12 noon-1:00 pm**
O|P|NS|WC
H.O.W.
235 E. Cota St. at Garden,
Winchester Room (Downstairs)
Santa Barbara
- 6:30-7:30 pm**
C|W|D|P|NS|WC
WOMEN DO RECOVER
Church-Couch Room,
909 La Cumbra Road at
Foothill Road,
Santa Barbara
- 7:30-8:30 pm**
O|M|NS|P
SPACE COWBOYS
Church - Fireside Room
2101 State Street at Padre
Santa Barbara

B = Book Study
C = Closed - Addicts Only
CL = Candlelight
D = Discussion

L = Literature Study
M = Men's Meeting
NS = Non Smoking
O = Open

FRIDAY

- 6:45-7:45 am**
O|P|NS|WC
Format: Leader's Choice
THE WHEELS FELL OFF
235 E. Cota St. at Garden,
Upstairs
Santa Barbara
- 12:00-1:00 pm**
O|P|NS|WC
NEVER ALONE
235 E. Cota St. at Garden,
Winchester Room (Downstairs)
Santa Barbara
- 7:00-8:00 pm**
C|NS|P|WC
LA RECUPERACION ES POSIBLE
1111 Garden Street,
Santa Barbara
- 7:30-8:30 PM**
O|P|NS|CL
Please note: no pets allowed on
premises
**YOUNG PEOPLE'S
CANDLELIGHT MEETING**
Church, Wesley Hall, Garden
& Anapamu Streets
305 E. Anapamu St.
Santa Barbara
- 9:00-10:00 pm**
O|L|NS
SLEEPWALKERS
New House II
227 W. Haley Street
Santa Barbara

SATURDAY

- 10:00-11:15 am**
O|P|S|WC
HOPE WITHOUT DOPE
Ledbetter Beach
Cabrillo Blvd & Loma Alta Rd.
Santa Barbara
- 7:30-9:00 pm**
O|P|NS|SP
UNITY MEETING
Marine Center Classroom
125 Harbor Way
Santa Barbara

S = Smoking
SP = Speaker
SS = Step Study
P = Participation

T = Topic
TR = Traditions
W = Women's Meeting
WC = Wheelchair Access

WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.