Southern California Helplines
Southern California Regions (800) 863-2962

San Luis Obispo
(805) 549-7733
(800) 549-7730

East Los Angeles
(532) 721-5504

Simi Valley, Moorpark (805) 652-2648
San Fernando Valley Area
(818) 997-3822

Ventura, Oxnard
(805) 841-0451
(888) 817-7426

Northern Counties
(800) 863-2962

Palm Desert
(760) 903-0398
San Diego
(619) 584-1007
(800) 497-009A

West LA/Santa Monica
(310) 390-0279
(619) 558-1010

Hermosa Beach
(310) 372-0666
Hemet/South West Area
(951) 652-5326

Barstow
(760) 255-2045
Ontario
(909) 622-4274

Palm Desert
(760) 348-5800
Redlands/Yuccaipa
(909) 795-0464

Victorville
(760) 243-5248
Las Vegas
(928) 768-6467

Ridgecrest
(760) 446-4445
Laughlin
(888) 495-3222

For updates to the directory or website please email:
info@na-santabarbara.org

Listings for new meetings must be approved by the Santa Barbara Area Service Committee at its regular monthly meeting.

PICK UP THE PHONE

Name

Phone Number

SANTA BARBARA AREA
S.B.A. NARCOTICS ANONYMOUS
P.O. BOX 22902
SANTA BARBARA, CA 93102

World Service Office
P.O. Box 9999
Van Nuys, CA 91409
19737 Nordhoff Place
Chatsworth, CA 91311
Phone: (818) 773-9999
Fax: (818) 700-0700

24-HOUR HELPLINE
(805) 569-1288

www.na-santabarbara.org
### Sunday
- **6:00-7:30 pm**
  - **M** EAT & POTATOES  
  235 E. State St. at Garden, Winchester Room (Downstairs) Santa Barbara

- **7:30-8:30 pm**
  - **O** UR MEETING
  - **C** hurch-Fellowship Hall, 909 La Cumbra Road at Foothill Road, Santa Barbara

- **8:00-9:00 PM**
  - **W** HAT IS THE NARCOTICS ANONYMOUS PROGRAM?
  - **O** ur meeting
  - **C** hurch, 305 E. Anapamu St. Santa Barbara

### Monday
- **6:00-7:30 pm**
  - **T** HE WHEELS FELL OFF
  - **C** hurch, 909 La Cumbra Rd. at Foothill Road, Santa Barbara

- **7:30-8:30 pm**
  - **J** UST FOR TONIGHT
  - **C** hurch, 1515 Bath St. Santa Barbara

### Tuesday
- **6:00-7:30 pm**
  - **T** HE WHEELS FELL OFF
  - **C** hurch, 227 W. Haley St., Santa Barbara

- **7:30-8:30 pm**
  - **S** PACE COWBOYS
  - **C** hurch, Firestone Room 2101 State Street at Padre Santa Barbara

### Wednesday
- **6:00-7:00 pm**
  - **M**OTHER GROUP
  - **C** hurch-Garden Room, 21 E. Constance Ave., State St. Santa Barbara

### Thursday
- **6:00-7:00 pm**
  - **L** A RECUPERACION ES POSIBLE
  - **C** hurch, 235 E. Cota St. at Garden, Winchester Room (Downstairs) Santa Barbara

### Friday
- **6:45-7:45 am**
  - **T** HE WHEELS FELL OFF
  - **C** hurch, 235 E. Cota St. at Garden, Winchester Room (Downstairs) Santa Barbara

### Saturday
- **10:00-11:15 am**
  - **P** ARTICIPATION MEETING
  - **C** hurch, 909 La Cumbra Road at Foothill Road, Santa Barbara

### Sunday
- **10:00-11:15 am**
  - **W** HAT IS THE NARCOTICS ANONYMOUS PROGRAM?
  - **O** ur meeting
  - **C** hurch, 305 E. Anapamu St. Santa Barbara

- **7:30-9:00 pm**
  - **S** PACE COWBOYS
  - **C** hurch, 227 W. Haley St. Santa Barbara

### General Information
- **C** = Closed  
  **D** = Discussion  
  **L** = Literature Study  
  **M** = Men’s Meeting  
  **N** = Non Smoking  
  **O** = Open  
  **P** = Participation  
  **S** = Smoking  
  **SP** = Speaker  
  **T** = Topic  
  **W** = Women’s Meeting  
  **WC** = Wheelchair Access

- **Folded at the end of the program.**

- **Please note: no pets allowed on premises.**

- **We have learned from our past, how much or how little you have, but only in the present do we have the ability to get well.**