

MONTHLY COMMITTEE MEETINGS

AREA SERVICE COMMITTEE

1st Sunday of the Month - 11:00 am  
Marine Center Classroom  
125 Harbor Way  
Santa Barbara

LITERATURE SUB-COMMITTEE

1st Sunday of the Month - 10:00 am  
Marine Center Classroom  
125 Harbor Way  
Santa Barbara

PUBLIC RELATIONS SUB-COMMITTEE

Third Thursday of Every Other Month  
6:30 PM  
*[even months: 2=Feb, 4=April, 6=June etc.]*  
Marine Center Classroom (upstairs)  
125 Harbor Way  
Santa Barbara

ACTIVITIES SUB-COMMITTEE

Last Wednesday of the Month 6:00 -7:00 pm  
Coffee Bean and Tea Leaf  
3052 De La Vina, Santa Barbara

Additional meeting are being held mid-month, Contact Wes B for details



Visit our website:  
[www.na-santabarbara.org](http://www.na-santabarbara.org)

- Santa Barbara Meeting Schedule
- Information for the Newcomer
- Area Activities inc. printable fliers
- H & I Panels
- Public Relations Materials
- Links to Region (ccrna.net) & World (na.org)
- Convention Information
- Links to Literature online in English & Spanish

Southern California Helplines

Southern California Regions (800) 863-2962

San Luis Obispo (805) 549-7730 (800) 549-7730	East Los Angeles (532) 721-5504
Simi Valley, Moorpark (805) 652-2648	San Fernando Valley Area (818) 997-3822
Ventura, Oxnard (805) 641-0451 (888) 817-7425	West End Area (818) 787-9706
Bakersfield (661) 328-7478 (877) 629-6759	Northern Counties (800) 863-2962
Palmdale (661) 266-2200 (877) 629-6759	San Gabriel Valley (626) 584-6910
Hollywood (323) 850-1624	Orange County Area (714) 590-2388
East Los Angeles (332) 721-5504	San Juan Capistrano (949) 661-6183
Greater Los Angeles (332) 933-5395	San Diego (619) 584-1007 (800) 497-00NA
West LA/Santa Monica (310) 390-0279	Vista (619)584-1010
Hermosa Beach (310) 372-9666	Hemet/South West Area (951) 652-5326
Barstow (760) 255-2045	Ontario (909) 622-4274
Palm Desert (760) 346-5800	Redlands/Yucaipa (909) 795-0464
Victorville (760) 243-9248	Las Vegas (928) 768-6467
Ridgecrest (760) 446-4445	Laughlin (888) 495-3222



For updates to the directory or website please email:

[info@na-santabarbara.org](mailto:info@na-santabarbara.org)

Listings for new meetings must be approved by the Santa Barbara Area Service Committee at its regular monthly meeting

PICK UP THE PHONE

Name	Phone Number

*Support Your Meetings!*



Summer 2020

9/7/2020



Narcotics

Anonymous

SANTA BARBARA AREA

S.B.A. NARCOTICS ANONYMOUS  
P.O. BOX 22902  
SANTA BARBARA, CA 93102



World Service Office

P.O. Box 9999  
Van Nuys, CA 91409  
19737 Nordhoff Place  
Chatsworth, CA 91311  
Phone: (818) 773-9999  
Fax: (818) 700-0700



24-HOUR HELPLINE  
(805) 569-1288



[www.na-santabarbara.org](http://www.na-santabarbara.org)

## SUNDAY

- 10:00-11:15 am**  
C|P|T|NS  
**NA IN THE AM STONERS**  
1111 Garden Street,  
Santa Barbara
- 12:30-2:00 pm**  
C|NS|P|WC  
**LA RECUPERACION ES  
POSIBLE**  
1111 Garden Street,  
Santa Barbara
- 7:00-8:30 pm**  
O|P|T|NS|SP  
**SUNDAY NIGHT WE DO  
RECOVER**  
Marine Center Classroom,  
125 Harbor Way,  
Santa Barbara

## MONDAY

- 6:45-7:45 am**  
O|P|NS|WC  
Format: Leader's Choice  
**THE WHEELS FELL OFF**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 8:00-9:00 pm**  
O|P|NS  
**NA IN THE HOUSE**  
New House III, 2434 Bath St.  
Santa Barbara

## TUESDAY

- 6:45-7:45 am**  
O|P|NS|WC  
Format: Leader's Choice  
**THE WHEELS FELL OFF**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 6:45-7:45 PM**  
O|B|NS|L|WC  
**MEAT & POTATOES**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 7:30-8:30 pm**  
O|P|NS|WC  
**OUR MEETING**  
Church-Fellowship Hall,  
909 La Cumbra Road at  
Foothill Road,  
Santa Barbara  
(No Pets Allowed)

## WEDNESDAY

- 6:45-7:45 am**  
O|P|NS|WC  
Format: Leader's Choice  
**THE WHEELS FELL OFF**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 5:45-6:45 pm**  
O|P  
**CARPE DIEM**  
1111 Vallecito, Carpenteria-  
Church behind Rusty's Pizza
- 7:00-8:00 pm**  
O|P  
**SINK OR SWIM**  
2131 Modoc Rd
- 6:00-7:00 pm**  
O|M|NS|P  
**SPACE COWBOYS**  
La Mesa Park  
295 Meigs Rd
- 7:30-9:00 pm**  
O|P|NS|WC|SP  
1<sup>ST</sup> & 3<sup>RD</sup> Wed./mo. Are  
Speaker Meetings  
**MOTHER GROUP**  
Church-Garden Room, 21 E.  
Constance Ave. at State St.  
Santa Barbara

## THURSDAY

- 6:45-7:45 am**  
O|P|NS|WC  
Format: Leader's Choice  
**THE WHEELS FELL OFF**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 6:30-7:30 pm**  
C|W|D|P|NS|WC  
**WOMEN DO RECOVER**  
Church-Couch Room,  
909 La Cumbra Road at  
Foothill Road,  
Santa Barbara
- 8:00-9:00 PM**  
O|P|NS|WC  
**PARTICIPATION MEET-  
ING**  
Church - Couch Room, 909 La  
Cumbre Rd.at Foothill  
Santa Barbara

**B = Book Study**  
**C = Closed –Addicts Only**  
**CL = Candlelight**  
**D = Discussion**

**L = Literature Study**  
**M = Men's Meeting**  
**NS = Non Smoking**  
**O = Open**

## FRIDAY

- 6:45-7:45 am**  
O|P|NS|WC  
Format: Leader's Choice  
**THE WHEELS FELL OFF**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 12:00-1:00 pm**  
O|P|NS|WC  
**NEVER ALONE**  
235 E. Cota St. at Garden,  
Upstairs  
Santa Barbara
- 7:30-8:30 PM**  
O|P|NS|CL  
*Please note: no pets allowed on  
premises*  
**FRIDAY NIGHT CANDLE-  
LIGHT MEETING OF NA**  
Church, Wesley Hall, Garden  
& Anapamu Streets  
305 E. Anapamu St.  
Santa Barbara
- 9:00-10:00 pm**  
O|L|NS  
**SLEEPWALKERS**  
New House II  
227 W. Haley Street  
Santa Barbara

## SATURDAY

- 10:00-11:15 am**  
O|P|S|WC  
**HOPE WITHOUT DOPE**  
Ledbetter Beach  
Cabrillo Blvd & Loma Alta Rd.  
Santa Barbara  
*(In event of rain, alternative meet-  
ing site 235 E Cota St, upstairs)*
- 1:00–2:00 pm**  
O|P|L|W  
**WHEN OUR GRATITUDE  
SPEAKS**  
**WOMEN'S GROUP**  
227 E Arrellaga St  
(Unity Church)
- 4:00-5:00 pm**  
O|P  
**KEYS TO FREEDOM**  
2434 Bath St.  
(New House III)
- 7:30-9:00 pm**  
O|P|NS|SP  
**UNITY MEETING**  
Marine Center Classroom  
125 Harbor Way  
Santa Barbara

**S = Smoking**  
**SP = Speaker**  
**SS = Step Study**  
**P = Participation**

**T = Topic**  
**TR = Traditions**  
**W = Women's Meeting**  
**WC = Wheelchair Access**

## WHAT IS THE NARCOTICS ANONYMOUS PROGRAM?

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.